



Each year, Nancy volunteers her time to support the American Diabetes Association (ADA) annual Boston area fundraiser, the North Shore Tour de Cure. The North Shore Tour is a one-day event where participants can choose to ride, run, or walk to raise funds for the ADA mission: to prevent and cure diabetes and improve the lives of all people affected by diabetes. The North Shore Tour is one of the largest of the 30+ Tours that ADA runs across the country. With motivated participants and strong support from the business community, including sponsorship and corporate teams, Tour de Cure events raise funds for research, advocacy, programs and education.

Nancy's involvement with the ADA began 14 years ago when she volunteered in the Rochester NY Tour.

When she relocated to Boston in 2006, she continued to volunteer at the ADA Boston area event. During her time with the Boston event, it grew to annually raise over \$500,000, hosting 1,000+ fund raising participants, and supported by 200+ volunteers. All of the Tours, including the North Shore Tour, are run by volunteers with support from the ADA. Over the years, a strong Committee of about 20 dedicated volunteers was built to plan and execute the North Shore Tour event. Committee members begin planning work each September to host the mid-May event.

Nancy's role on the Committee is Logistics Chair, which coordinates all planning and execution of activities at the event site. Her sub-committees design and build the event venue at a local Fairground, source donations and identify volunteers who support the day-of-event activities of managing traffic and parking (over 1500 cars!), registration, serving lunch and hosting a festival with entertainment and vendors. Other Committee members manage the creation, marking and safety of the routes (100 mile, 62 mile, 31 mile and 15 mile rides, and 5k run) plus manage and stock 6 rest stops along the routes to support participants.

The Volunteer of the Year award was established in 2012 and is annually voted on by the North Shore Tour Committee members to recognize the member who made the largest contribution to the success of the event. It was presented to Nancy in 2014 and now again in 2019 – a complete surprise!! 'It is a great event, full of people with passion for managing this awful disease, and incredibly rewarding to be a part of', commented Nancy. Her inspiration for supporting Diabetes research dates back to Bethlehem where her friend and our classmate, Franny Burda, lived with diabetes into the 50's and 60's with significantly less support and treatment options.